

GCKA Adopt-A-Highway Program & Safety Guidelines

- **Safety Procedures:**

- Before participating in the cleanup event, all volunteers must view the DOT online Safety Video.
 - [DOT Safety Video](#)
- Before participating in the cleanup event, all volunteers must also review the DOT safety guidelines.
 - [Adopt-A-Highway Safety-Rules and Guidelines for Volunteers](#)
 - [Adopt-A-Highway Safety Guidelines Regarding Hazardous Material](#)
- Every volunteer participating must attend the mandatory GCKA safety meeting prior to the cleanup event to review safety guidelines.

- **General Guidelines:**

- Each volunteer must submit the signed **Adopt-A-Highway Youth Participation Release Form**, **GCKA Youth Forum Liability Waiver Form** and **GCKA Youth Forum Code of Conduct Form** prior to the cleanup event.
 - [Adopt-A-Highway Youth Participation Release Form](#)
 - [GCKA Youth Forum Liability Waiver Form](#)
 - [GCKA Youth Forum Code of Conduct Form](#)
- Volunteers must be at least 12 years of age. Those between the ages of 12 and 17 must be supervised adequately by adults who are 21 years of age or older.
- During cleanups, all volunteers must wear orange Adopt-A-Highway safety vests provided by NCDOT. Volunteers should also wear work gloves, shoes or boots and brightly colored clothing that covers the arms and legs. **Note:** GCKA will get cleanup supplies (safety vests, gloves, orange trash bags and blue recycling bags) from Wake County Maintenance Yard.
- **Do not pick trash from road surface. Only pick litter from the road side.**
- Volunteers must work facing oncoming traffic, keep off the roadway and stay at least five feet from the edge of the road surface.
- Do not pick up trash on bridges
- Cleanup groups should work only along one side of the road at a time.
- Volunteers should avoid overexertion, watch their footing and stay clear of mowing operations, construction and maintenance work. Watch for snakes, stinging insects and poisonous plants.
- To avoid injuries from broken and jagged objects, trash bags should not be overfilled or compacted.
- Put collected trash items in the Orange Trash bags. Put collected recyclable items (Aluminum cans, Plastic bottles) in separate Blue Recycling bags.
- After the cleanup, put all the orange trash bags together on one side of the road, well clear of the edge of road surface. DOT personal will pick up the orange trash bags from the road side.

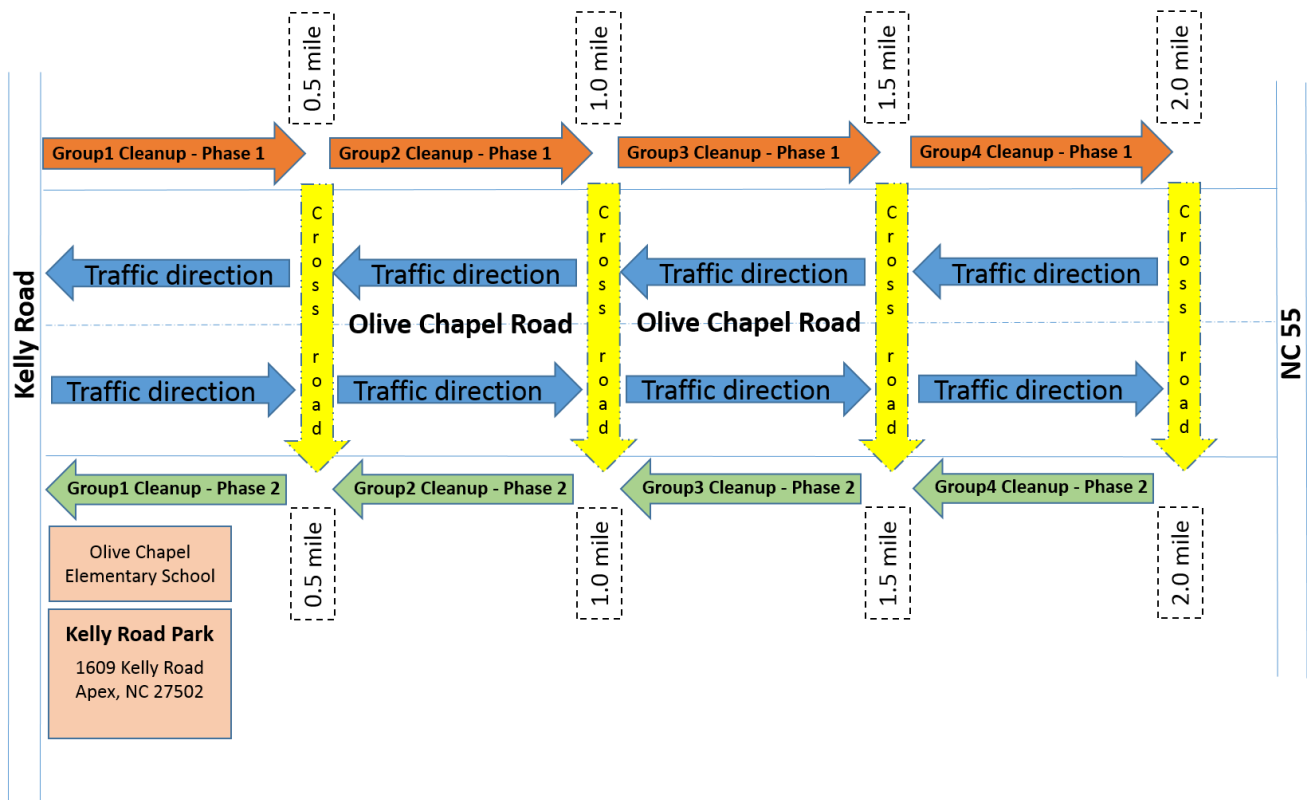
- **Hazardous objects:**

- Volunteers never should pick up discarded syringes, needles or other hazardous objects. When these items are encountered, contact the local Adopt-A-Highway coordinator who will arrange for safe collection of these hazardous items.

- **Recycling**

- We will be recycling Aluminum cans and Plastic bottles. Aluminum cans and Plastic bottles need to be put into separate Blue Recycling bags. Do not mix and put plastic bottles and aluminum cans into same Blue Recycling bag. We need to take them to a recycling center after the cleanup.

- **Cleanup Plan**



- **Useful Links**

- [Adopt-A-Highway Program Webpage](#)
- [Adopt-A-Highway Brochure](#)
- [Adopt-A-Highway Youth Participation Release Form](#) (Only for Youth volunteers, 12 years to 17 years of age)
- [Adopt-A-Highway Adult Participation Release Form](#) (Only for Adult volunteers, 18 years of age or older)
- [Adopt-A-Highway Safety-Rules and Guidelines for Volunteers](#)

- [Adopt-A-Highway Safety Guidelines Regarding Hazardous Material](#)
- [Adopt-A-Highway Safety Videos](#)
- [Adopt-A-Highway Volunteer Fitness Tips by MoDOT](#)
- [Meth Lab Waste Recognition Video by the Colorado DOT \(7.53 minutes\)](#)